

Tiara Air Aruba

GET Your Morning News Copy
On all TIARA FLIGHTS



FREE COPY

www.themorningnewsaruba.com • themorningnewsaruba@gmail.com

Wednesday, July 3, 2013

THE MORNING NEWS

Your Source for local news in English

Caya G.F. Betico Croes 111 T. 588-9517 F. 5889518.

Authentic *Aruban Cuisine* Tel: 5867044 - 5867144

SPECIAL: \$19.95

Valid only for the month of July 2013
Bring this coupon to get this promotion

3 Course Local Menu
appetizer, entree and dessert

Appetizers	Fish Soup, French Onion Soup, Salad
Entree choices include these specialties	Aruban Combo, Cabrito Stoba, Ribs, Keshi Yena Chicken, Fisherman's Loot, Gasparito Chicken
Desserts	Ice Cream, Quesillo or Chocolate Cake



Don't forget about our early bird special running between 5:30 to 6:30!

Gasparito
RESTAURANT - ART GALLERY

Snowden's options narrow as nations reject asylum

MOSCOW (AFP) - Several countries rushed to reject asylum requests from fugitive US intelligence leaker Edward Snowden on Tuesday after he sought safe haven in 21 nations in a bid to win protection from American authorities.

As Snowden's options appeared to narrow, Washington said it was hopeful that he would return home soon to face trial.

Most European countries either flatly rejected the request or reacted coolly. But the leftist leaders of Venezuela and Bolivia rose to the 30-year-old's defence and said they would consider the application under the right conditions.

Snowden found particular support in Nicolas Maduro of Venezuela -- a long-term thorn in the side of the United States.

"What he did was reveal a big truth so that we could avoid a war," Maduro said during a two-day visit to Moscow for an energy summit.

"What is happening now should not be -- he never killed anyone or planted any bombs."

But Maduro refused to entertain speculation he might take Snowden on a plane with him from Moscow -- a possibility raised both by Russian media and political observers of the explosive case.

Bolivian President Evo Morales also said his country was willing to consider giving Snowden asylum.

"If there were a request, of course we would be willing to debate and consider the idea," Morales told Russia's state-run RT television in comments translated from Spanish.

--- Rejection from Europe Poland immediately rejected Snowden's petitions while an Indian foreign ministry spokesman said there was "no reason to accede to the request."

Germany and the Netherlands also said no while Brazil said it was "not going to respond."

Continued on pg 6

Aruba's famous seasonal attraction, Seroe Preto, goes green thanks to ELMAR & SETAR

One of Aruba's most beloved end of the year traditions is when the fantastical display of lights is turned on at the Seroe Preto mount in San Nicolas. A new theme is devised and built annually by the volunteers of the Youth Union of Seroe Preto, through donations by the local community and commercial sponsors.

It is a favorite place to visit by both tourists and islanders, particularly on weekends when the evenings are especially festive, with local bands performing and a variety of refreshment vendors on hand. All year, the volunteers work to create a new design and acquire materials, for the eagerly-anticipated unveiling, usually at the beginning of December and lasting until Three Kings Day in January.

The cost of continuing this tradition has become increasingly prohibitive annually, as energy costs rise. Executives of ELMAR N.V., Aruba's official distributor and administrators of electrical current, and SETAR N.V., the national telecommunications company, saw a solution, very much in keeping with Aruba's official sustainability policy of "going green."

Continued on pg 3



Solar panels will provide all the power they need



A lit-up Seroe Preto



Seroe Preto organizers with SETAR, ELMAR and Utilities Commission reps

Hours:
8am - 10pm ish Sunday-Thursday
8am - 3am ish Friday & Saturday
Phone number 586-3904

NOW Serving Breakfast lunch and dinner seven days a week.

"Delivery to most hotels & beaches"

- All you can eat pancakes & coffee \$6.99

- 2 Eggs, Toast & Coffee \$4.99

Free Coffee Unlimited Refills with any Breakfast entree!

5 Burgers Aruba

Burgers, Fries.. & More!

Across from Radisson Resort Behind the "I ♥ Aruba sign"

FREE WiFi






Freewinds celebrates historic 700th call on Aruba



Last Friday the government celebrated the 25th anniversary of the Freewinds cruise liner to Aruba. Ministers Eman and de Meza accompanied Minister of Tourism, Otmar Oduber for the presentation of a lovely gift to the ships' captain and crew.

Captain Mike Nepure explained that the ship did not just celebrate 25 years sailing to Aruba, but that it was their 700th call to Aruba. Freewinds began visiting

Aruba way back in 1988 and continued coming consecutively with Captain Nepure as its captain all these years. Today they logged their 700th call to Aruba's ports.

Ports Director, Alfonso Boekhoudt remarked how pleased he is with the business that Freewinds brings to the island. He considered 2013 an exceptional year with respect to the number of ships that visited Aruba. They expect a busy season ahead

for the rest of the year in terms of cruise tourism.

To date, the figures have surpassed those of previous years. By the end of the year, if these ships continue coming with the number of visitors they are bringing today, we should have a record breaking year. These developments will certainly contribute to the growth of our tourism industry even more than what is currently taking place.

Herbalist Orlando Clemencia confirms there are many curative trees growing on Aruba!



The Moringa tree

During his last visit to Aruba, Curacao Herbalist observed that there are many curative trees all around the island. He, however, noticed that most of us are unfamiliar with the curative power of these trees.

Many of us are unfamiliar with the curative power of these trees and they simply go unnoticed. They are there but we are not making use of them to cure our illnesses and diseases. This, according to the herb specialist is lamentable.

In his last presentation he provided information about a number of these trees. For example, he talked about the Moringa (Merengue) tree. This tree, according to Clemencia is a miracle tree

and can cure hundreds of illnesses. It should be in every yard, says Clemencia!

Also, the Chumerucu tree, which grows so freely here, is an exceptional tree for its curative value. But, again, says Clemencia, many of us know nothing of its true value.

This Friday evening Orlando Clemencia will be on Aruba for a single presentation in the Cas di Cultura. Clemencia is very enthusiastic about meeting his Aruban audience again and is prepared to share a wealth of information on how we can use herbs and trees to cure our illnesses and diseases.

You don't want to miss this!

CASH IS KING

THE CASINO ARUBA

Become an unexpected **WINNER of \$250 in cash**

Mystery Jackpots can hit at any time on any slot machine

Daily Double Points: Mon - Fri 12 noon to 3pm. Sat & Sun 4pm to 6pm

Play your favorite machine with your Winners' Circle membership card inserted, and you could be our **Mystery Jackpot Winner**

LIVE POKER ACTION EVERY DAY • SPORTS BOOK • TABLES • SLOTS

Open daily 12noon to 4am, Saturday & Sunday 11am to 4am. For information call +297 586 4045 • www.radissoncasino.com. Certain restrictions apply.

Radisson ARUBA RESORT, CASINO & SPA





La Vista

BAKED LOBSTER BUFFET
Wednesdays and Saturdays

CARIBBEAN LOBSTER | RED SNAPPER
PAPILLOT | PRIME RIB | SESAME CRUSTED
TUNA | RISOTTO | PIZZA STATION | OYSTERS
& MARINATED MUSSELS

\$ 54.95
KIDS 6-12 HALF PRICE
KIDS 0-5 FREE

Aruba Marriott Resort | T.520 6601 | Reservations recommended

30 tonnes of drugs seized in Centram, Caribbean: Interpol

LYON (AFP) - Police across Central America and the Caribbean have seized nearly 30 tonnes of drugs worth an estimated 822 million dollars (630 million euros) in a coordinated operation, Interpol announced Tuesday.

Officers involved in the operation, which took place across 34 countries, also arrested 142 suspects, the statement added.

The coordinated raids, coordinated by Interpol from its San Salvador office, took place between May 27 and June 14, the agency said.

The haul from Operation Lionfish included 24 tonnes of cocaine, 5.7 tonnes of hashish and four kilos of heroin. Police also confiscated 15 boats and 42 firearms.

As well as Caribbean and Central American countries, Britain, Canada, the Netherlands, Spain and the United States also took part in Operation Lionfish.



Mr. Froyo's
FROZEN YOGURT

10% OFF ON PURCHASES OVER 200 GRAMS

LOCATION PALM BEACH PLAZA MALL
2nd FLOOR, ADJACENT TO THE CINEMA
FIND US ON FACEBOOK:
MR FROYO'S SELF SERVE FROZEN YOGURT

OPEN EVERY DAY FROM 3:00 PM TILL 11:00 PM

First stent colorectal performed at Aruba's Hospital



Three weeks ago the first stent colorectal was performed successfully in Aruba by a team of Gastroenterologists of Dr. Horacio Oduber Hospital. Dr. Edgar Caceres and Dr. Jreige are the Gastroenterologists working together with the Oncology Department in the care of colon cancer patients here.

One of the complaints that colon cancer patients often have is the obstruction of their intestines caused by the growth of a tumor. This obstruction makes it impossible for the patient to have bowel movements. This debilitates the patient and makes chemotherapy treatment or surgery impossible. Implanting a colorectal stent in the intestines is one of the least invasive procedures, more efficient and comfortable, giving the patient the needed relief.

Implanting a stent does not require surgery and is a 40 minute to one hour procedure. It is fast and safe according to Dr. Jreige. The patient does not feel the presence of the stent in his gut, but it certainly feels the effect of it. Recovery is immediate and in most cases the patient is not required to be interned after the implantation. The patient is sent home with instructions from the specialist as to how to care for himself.

A colorectal stent is a very small tube made of special surgical metal. It is inserted at the site that is obstructed in the patient's intestines by means of a colonoscopy administered at the Endoscopic

Department. It can also be inserted by means of endoscopy.

The stent is designed to be completely closed upon insertion and later expands in the intestines to open the gut so the patient can again have normal bowel movements. This procedure is not to cure the patient of cancer, but it does make it possible for the patient to eat, have bowel movements, become stronger and have a better quality of life. The stent can be removed whenever no longer necessary.

Dr. Jreige indicated that in the past this procedure required surgery to make a bypass or other process. This made recovery long for the patient to get relief. The insertion of a stent is much better for the patient.

The Aruba Hospital continues developing and innovating so to offer the best quality of care for our patients. Indeed, to the Hospital, the client is the main focus!

Apology

THE MORNING NEWS apologizes for a typo describing Daimari Ranch as Diamari Ranch. (Tuesday July 2nd edition)

The famous stables generously donated their facility for Aruba's Little League champs 2013, and all readers should know its proper name, which is **Rancho Daimari**.

Aruba's famous seasonal attraction, Seroe Preto, goes green thanks to ELMAR & SETAR

continued from pg 1



Buchi Wout and the people who put together Seroe Preto



Min. de Meza with ELMAR execs and Buchi Wout

Both institutions are under the authority of Aruba's Minister of Finance, Communications, Utilities and Energy, Mike de Meza, a native son of the town of San Nicolas. He personally was concerned for the future of this holiday tradition which has existed

since his childhood on Aruba's east end.

ELMAR N.V. and SETAR N.V. has sponsored the installation of 50 solar panels at Seroe Preto, which will generate energy feeding Aruba's public grid. The credit accumulated by feeding energy

into the system will provide the operators sufficient energy for all their electrical use, throughout the holiday season. Not only will this completely subsidize the tens of thousands of colored lights used in the display, but the more than 40 spotlights around the park.

The newly installed panels were unveiled during an impromptu ceremony at Seroe Preto on Monday afternoon, July 1. Buchi Wout, head of the Youth Union of Seroe Preto, introduced Nicko Kock and his crew, who design and create the display annually, purely out of dedication for this tradition. He expressed the heartfelt gratitude of the volunteers and the community for the thousands of florins this will spare them to keep the lights burning, a concern that weighed on them more and more each year.

Minister de Meza expressed how pleased he is that ELMAR N.V. and SETAR N.V. is providing this sustainable source of energy for Seroe Preto, along with great peace of mind for those who dedicate their time and energy to seeing this tradition continued for the enjoyment of island visitors and all the community.

By Rosalie Klein



AURA
CASINO
OCCIDENTAL
HOTELS & RESORTS

Sports Book & Poker Room

Open 11am - 11pm
Simulcast of all major U.S. tracks
Thoroughbred & Harness
No Charge on Winner
Poker Tournament
Nightly

National Library hosts commemoration of 150 years since the end of slavery



It was on July 1, 1963 that the Governor of Curacao, J. C. Krol, posted the Declaration of the Abolition of Slavery by order of the King of the Netherlands, for Suriname and all Dutch Caribbean colonies. This took place many years after Britain abolished slavery in their Caribbean colonies in 1834, and one year prior to the U.S. and the end of the Civil War. The Abolition of slavery in the Netherlands and its colonies was never quite the cause célèbre it had been in the British Parliament, passionately argued by those who abhorred the practice. Compared to the Caribbean colonies of Britain, the Dutch islands had a very small slave



population, but Dutch ships, the largest merchant fleet for decades, was second only to England in the transport of slaves for some years.

This jubilant day of freedom for "affranchised" individuals in Holland and its colonies was celebrated at Aruba's National Library on Monday evening, with an in-

formative program. A display of slave artifacts, art and information will continue in the lobby through the summer.

The program opened with Grupo di Tambu Sodo y Cuero performing "Tambu" the music of the slaves, performed on the traditional drums and wiri. Slaves used homemade drums, the metal blades of plows, and whatever else they could improvise, as standard musical instruments were forbidden.

The program continued with a poem by noted island author Munye Oduber-Winklaar, recited by Gwendy Sneek. Historian Rosa Arends presented her book, in Papiamentu, which is a study of official documents of the era, titled "Registration of Slaves: Liberation, Births and Deaths." These

findings detail the numbers of slaves of the Aruban population and their fate, from 1840 to 1863.

Lingual Scholar Ramon Todd Dandare explained the African and slave roots of Papiamentu, now celebrating ten years as Aruba's official language along with Dutch. He explained how it developed from the languages of the Western African Coast, and is almost identical to the contemporary language of the Cape Verde Islands. It has developed some particular idiosyncrasies, which is to be expected by regional influence, but most definitely came to the region with the slaves. The triangle of slavery and trade beginning in Africa, moving to the New World with the importation of slaves, then back to Europe with the transport of goods such as coffee, sugar, tobacco and rum, brought the cultural influence of the Caribbean to Europe, while introducing the languages developing in the region.

Interestingly enough, he pointed out that rather than the local masters obliterating the slaves' language, as

would be expected, they began to adopt it and integrate it into the culture. Documents recovered from the mid 1800's show Dutch settlers using the language more and more, even in letters back home to Holland, until came to predominate.

The Association of Choral Arts Nova performed a song of the era that expressed the hope and yearning for freedom of the slaves. Author and scholar Gregory Richardson discussed "Slavery and Identification on Aruba: The Case of San Nicolas, and actress Emerita Emerenica performed "Life. It is in my DNA to Live."

The program ended with Historian Dr. Luc Alofs speaking of the treatment of child slaves.

Continued on pg 5



Luxury Living at an Island Paradise



- ✓ Full Ownership Condominium
- ✓ Starting from US\$ 350,000
- ✓ Financing available
- ✓ Rental income

THE RESIDENCES
AT DIVI ARUBA RESORT & BEACH RESORT



www.diviarubaresidences.com Call 735 5252 or 735 5300

Subway showing its support of local sports! Last chance today to win a brand new KIA Picanto while eating healthy at Subway



Football (soccer) fever kicked in among loyal Subway patrons from the moment the fresh and fast food franchise announced its support for the Aruba Football Federation. Now clients who like to eat healthy with the option to choose every day a different menu, were offered even more.

To stimulate the interest of football fanatics in Aruba's local teams, Subway decided to raise its contribution another notch by participating in the federation's fundraising auto raffle. All Subway clients who go to see the Subway Cup will receive a ticket to participate in the raffle with the chance to



win a brand new car KIA Picanto 2013.

Today, everyone who buys a "Philly Cheese steak," "BBQ Ribs" or "Angus Steak" combo at Subway shops in Savaneta or Paradera will receive an entrance ticket for tonight's Subway Cup. With this entrance ticket you can participate in the Football Federation's auto raffle. But remember, the combo(s) have to be bought before 8 o'clock tonight. So hurry, buy your delicious combo, and receive

your entrance for tonight's game; tickets are limited.

Subway invites all its clients - known for their fresh and healthy lifestyle - to buy their combo(s), and get their ticket. Be in the game to win a brand new car tonight while at the same time supporting our local football teams.

Teams playing for the championship tonight are La Fama and Britania.

Subway wishes everyone bon appetite and good luck!

... 150 years since the end of slavery

Continued from pg 4

It was his study of slavery on Aruba which first refuted the general belief for many years that the island has escaped this cruel practice. Many official documents of the early 1800's revealed that at least 10% of the population were slaves. "Since it was cited that most were household, rather than field slaves, it was also believed that Aruban slave owners practiced "humane" ownership," he observed, "but several court documents and accounts tell of mistreatment."

In the case of children, laws passed in 1857 forbade forcing youngster under 14 to labor as a slave; they also required they be educated and not be sold away from their mothers. "We know that these laws were not always obeyed or enforced," pointed out Dr. Alofs. The laws also only came into effect during the last seven years before slavery was completely abolished.

Most Caribbean islands can point to the countries that colonized them and the slaves that populated them

for their existing official languages and cultural influences. Aruba, though it had only a small slave population, can credit its unique language, originating in Curaçao, to this historic and forced migration from Africa. Long established families for more than four generations can trace back to slavery having impacted their the lives of their ancestors in some way, and all celebrate the abolition of this abhorrent practice.

By Rosalie Klein

TIME SHARE FOR SALE

Divi Aruba

Floating weeks studios
Mar. 15 - Dec. 15

Also, 1 BDR Units starting prices \$3200,- also Divi Phoenix Ocean Front Tower Studio RM 804, \$3400,- King bed, Queen sofa, starts 7/6.

Call: 565-9394 until 7/10 or 508-651-0016 / email: usinc53w@aol.com

**Staying in
Aruba and need
nursing care?**
Registered Nurse
meets your special
needs.
Call for information:
00297-5933314

Snowden's options...

Continued from pg 1

And a spokesman for Russian President Vladimir Putin said Snowden himself had decided to scrap his petition with Moscow -- where he has been stranded in an airport transit zone since June 23 -- after the Kremlin chief said he wanted him to stop releasing damaging allegations about the United States.

The WikiLeaks anti-secrecy website -- its associate Sarah Harrison travelling with the former National Security Agency contractor -- said he had sent out applications to 13 European countries as well as six Latin American nations along with China and India.

Austria, Finland, Iceland and Norway confirmed they had each received the request but the petition was invalid because it was not filed from inside their respective countries. Ireland and Spain issued similar statements.

France and Switzerland said they had not yet received an application while Italy said it was "contemplating" the request.

Twelve countries have still not said whether they have processed Snowden's application or if the ones they had received were valid even though they were made outside their respective states.

Snowden accused Washington of pressuring foreign leaders to refuse him refuge after the US authorities charged him with espionage for his intelligence leaks.

"Their purpose is to frighten, not me, but those who would come after me."

Egypt's Morsi calls on army to withdraw its ultimatum

CAIRO (AFP) - Egyptian President Mohamed Morsi insisted on his "constitutional legitimacy" on Tuesday and called on the army to withdraw its threat to intervene unless he resolves his differences with his opponents.

"President Morsi insists on (his) constitutional legitimacy and rejects any attempt to overstep it," said a message posted on his official Twitter account.

"(He) calls on the armed forces to withdraw their warning and rejects any dictates, domestic or foreign."

Morsi's statement came after millions took to the streets demanding his resignation, prompting the army to give him 48 hours to respond to the demands of the people or face an imposed solution.

The army gave all political forces until Wednesday to find a way out of the current crisis before it imposed its own roadmap.

On Tuesday, at least seven people died in clashes in Cairo between Morsi's supporters and opponents.

US President Barack Obama called President Mohamed Morsi to warn him that the voices of all Egyptians must be heard as a political crisis escalates, the White House said Tuesday.

Obama placed the call from Tanzania, on the final stop of his African tour and told him Washington was committed to "the democratic process in Egypt and does not support any single party or group," the official said.

IT'S TIME FOR THE BOSS SALE!

BUY 1 ITEM AND GET
THE SECOND ITEM
AT 50% DISCOUNT*

BOSS
HUGO BOSS

Emmastraat 3 • Plaza Margareta • Phone 588-5406
Open Hours: Monday through Saturday: 9:30pm - 6:30pm

*Restrictions may apply.

Obama struggles to wow rising Africa

JOHANNESBURG (AFP) - It was billed as a new chapter in relations with a continent on the move, but US President Barack Obama's whirlwind tour of Africa left many underwhelmed by pledges that were thin on detail and dwarfed by China's lavish investment.

Obama's long-awaited return to sub-Saharan Africa was seen as recognition of the region's rising significance on the world stage, and a challenge to Beijing's growing economic clout on the continent.

"There is clear recognition in Washington that Africa is becoming a strategic player in the global arena and that those countries that do not exploit the opportunities that are beginning to emerge in Africa... will be left behind," said Aubrey Matshiqi, a research fellow with the Helen Suzman Foundation in South Africa.

Obama's efforts to make up for lost time in the region were complicated by the illness of his personal hero Nel-

son Mandela, which lent a deeply poignant tone to the three-nation tour.

While the US leader's soaring rhetoric and calls for African leaders to serve their people drew rapturous applause, observers noted his speeches were light on actual promises.

In the end his visit was "no cure-all," noted South African daily The New Age.

Obama announced he would host a landmark summit of leaders from across sub-Saharan Africa next year.

But a \$7 billion offer to boost energy production in the region was just a fraction of Chinese investment of around \$20 billion in infrastructure on the continent.

"The \$7 billion is effec-

tively what South Africa is spending on one power station," Matshiqi said.

Obama vowed not to dole out cash gifts as he touted US-style investment and partnership as superior to Beijing's Africa push, arguing US companies do more to build local economic capacity.

**Powerful psychic Olga
spiritual healer and
adviser god gifted
miracle worker solves
all problems, reunites
lovers, calls enemies
by name, true answers,
never failed a case.
Call now free reading
518-618-5673**

 **Extend your Stay at**
Quality Apartments
73 Fully furnished apts. Kitchen / Airco / Cable TV
Free Internet / Library / Swimming Pool / Laundry / Fitness Room
Less than 1 mile from Eagle Beach! Feel free to contact or visit us.
Mon - Fri: 8am-7pm. Sat&Sun: 9am-5pm
Tel: (297) 582-0697 / 583-7484 Fax: 583-5203
E-mail: quality@setarnet.aw • Website: www.arubaqualityapartments.com

EXPLORE THE ISLANDS

BONAIRE
EXPLORE THE FLAMINGO ISLAND, ITS UNDER WATER MARINE LIFE & CATCH A TECHNICOLOR SUNSET

CURACAO
SPEND A DAY SIGHTSEEING AND VISIT THE HISTORIC SITES AND LOCAL CULTURE

Aruba **Curacao** **Bonaire**

tel: (297) 528 4272 / (297) 594 9066
Pick up your brochure at the stand
www.tiara-air.com

Tiara Air Aruba

Health & Living

Painkiller overdose deaths up 5x among US women

WASHINGTON (AFP) - US women are dying from overdoses of prescription painkillers at an alarming rate, with five times more deaths in 2010 than 1999, the US Centers for Disease Control and Prevention said.

A total of 6,631 women died from taking pills like Vicodin and Oxycontin in 2010, four times as many as died from heroin and cocaine combined, said the CDC Vital Signs report.

In 1999, 1,387 women died from prescription painkillers. Overdoses of these drugs killed almost 48,000 women between 1999 and 2010.

While more men actually die each year from prescription painkiller overdoses than women, the rate of increase is much higher among women (400 percent rise) than men (265 percent rise from 1999 to 2010).

As of 2007, drug overdoses killed more women than car crashes, the CDC report found.

The highest risk of dying from prescription narcotics or opioids was seen in women age 45-54.

Women may be at particular risk when it comes to prescription painkillers because they are more likely to suffer chronic pain than men, and they may become dependent on them more quickly than men, the CDC said.

The CDC said that deaths and hospitalizations have increased in direct proportion to the boost in supply.

In 2011, the CDC reported that opioid pain relievers, including oxycodone, methadone and hydrocodone, have quadrupled in sales to pharmacies, hospitals and doctors' offices since 1999.

Fried fish dish crowned most unhealthy meal in America

WASHINGTON (AFP) - A batter-laden fried fish dish packs two weeks worth of harmful trans fat in a single serving and was named worst restaurant meal in America Tuesday by a US consumer advocacy group.

The Big Catch meal, sold at the fast food chain Long John Silver's, contains 33 grams of trans fat and 3,700 milligrams of sodium, said the Center for Science in the Public Interest.

People should limit themselves to two grams of trans fat daily, according to the American Heart Association, and most people should eat 1,500 milligrams of sodium per day, the Institute of Medicine says.

"This company is taking perfectly healthy fish -- and entombing it in a thick crust of batter and partially hydrogenated oil. The result? A heart attack on a hook."

The fish is battered and fried in partially hydrogenated soybean oil, and sold with onion rings and hush puppies, which are fried balls made of leftover batter drippings, cornmeal and onion.

Its total calorie count is low for a fast food meal -- just 1,320, CSPI said.

But its artery-clogging trans fat is twice the level of the worst KFC dish, which had 15 grams of trans fat before a 2006 CSPI lawsuit led the



chicken chain to stop using partially hydrogenated oil.

"Trans fat from partially hydrogenated oil is a uniquely damaging substance that raises your bad cholesterol, lowers your good cholesterol, and harms the cells that line your blood vessels," said Walter Willett, nutrition department chair at the Harvard School of Public Health.

Long John Silver's introduced the "Big Catch" in May, describing it as "the largest fish we have ever offered, weighing in at 7-8 ounces of 100 percent premium Haddock caught in the icy waters of the North Atlantic."

But that claim did not stand up to the scrutiny of CSPI inspectors, who picked apart the breaded fish and said they found "an average of about four and a half ounces of actual fish and almost three ounces of oil-soaked batter."

Long John Silver's, which calls itself the "largest quick service seafood restaurant in the world," responded to an AFP request for comment by describing the dish as "a limited time only special that delivers tremendous value to value-hungry consumers."

"The Big Catch can be

paired with a variety of side items including corn, green beans, rice, cole slaw, fries, onion rings and hush puppies," it said.

"We stand behind our published food data and will review any requests from CSPI that raise questions about our data."

CSPI said it plans to sue the chain if it continues to use partially hydrogenated oil in its deep-fryers and if it continues to misrepresent the amount of fish in the meal and the nutrition information for the side items.

The group's researchers found that the meal's onion rings were advertised to contain seven grams of trans fat but actually contained 19.5 grams.

Six-year-old Cambodian girl dies from bird flu

PHNOM PENH (AFP) - A six-year-old Cambodian girl has died from bird flu, bringing the country's toll from the deadly virus to nine so far this year, the World Health Organisation said Tuesday.

The girl, from the southern province of Kampot, died in a children's hospital in the capital Phnom Penh on June 28, the WHO said in a joint statement with the Cambodian health ministry.

Her death makes it the deadliest outbreak in the kingdom, topping the eight killed by the illness in 2011.

Tests confirmed the victim had contracted the H5N1 strain of avian influenza, it said.

"There have been recent poultry deaths in the village

and the girl was likely to be exposed to sick and dead poultry before she became sick," the statement said.

Cambodia has recorded 34 human cases of H5N1 since 2003, with all but six of them proving fatal.

Authorities have been scrambling to control the outbreak, although scientists have been baffled by the sharp rise in deaths this year.

The virus has killed some 376 people worldwide since a major outbreak in 2003, according to WHO statistics.

It typically spreads from birds to humans through direct contact. But experts fear it could mutate into a form easily transmissible between humans, with the potential to trigger a pandemic.

Sasaki Apartments

Fully furnished studio apartments, walking distance to Eagle Beach, per day, week or month, excellent alternative for your next vacation in Aruba.

Bubali #143, Noord, Aruba

Phones: (297) 587-7482 / 587-6474 Fax: (297) 587-8448
www.sasaki-apartments.com
E-mail: sasakiapartments@hotmail.com

BRING THIS AD TO RECEIVE A FREE ORANGE JUICE

Breakfast

Romancing the Stone at

\$9.99 Le Petit Cafe

MONDAY THRU SATURDAY 8-11 AM

2 EGGS (FRIED, SCRAMBLED OR POACHED)
WITH BACON, AND LINK SAUSAGES.
POTATOES, TOAST AND COFFEE OR TEA.

Also open for

Lunch

Dinner Salad or Soup of the day	Lemon chicken Breast or Petite Filet Mignon or Filet of Grouper	Ice Cream Chocolate or Vanilla
---------------------------------------	---	---

All served with French Fries or Baked Potato on our Famous HOT Stone

Dinner

\$24.95

EARLY BIRD SPECIAL

LOCATED AT:
PLAYA LINDA
BEACH RESORT
TE: 586 4046

Sci-Tech

New York cracks down on teen drivers who text



NEW YORK CITY (AFP) - New York has introduced stiff new penalties for teenagers who send text messages while driving, saying the measures are necessary to tackle a "deadly" problem.

Under a law signed by Governor Andrew Cuomo, drivers under the age of 18 will have their licenses suspended for a first offense of sending SMS messages while driving.

The 60-day driving suspension will also apply to teenagers caught using mobile phones while behind the wheel.

"Statistic after statistic shows that texting-while-driving is a chronic problem in our society, particularly among teenagers, and it will only get worse if we do not take action to prevent this

deadly behavior," Cuomo said in a statement.

A second offense would be punishable by a six-month driving ban under the new law, which also applies to newly licensed drivers. It is legal to drive in New York from the age of 16.

More experienced drivers will be sanctioned by a system of penalty points.

A recent study by the journal Pediatrics found that 45 percent of school-age drivers admitted sometimes sending SMS messages while driving.

In the United States, 69 percent of drivers between the age of 18 and 64 have acknowledged speaking on the telephone while driving, with 31 percent admitting to reading emails or text messages while on the road.

Help at hand for those wanting to detox from technology

PARIS (AFP) - Tired of checking your smartphone every few minutes for new emails, likes or retweets? Do you spend more time looking at your device than chatting to your date? Are you close to a digital burn-out?

Fear not, an increasing number of options are available for those seeking to detox from technology, from wallpaper that blocks wi-fi to Internet-free holidays and software that forces you off addictive sites.

"People connect all the time, everywhere, in every position -- lying down on their bed, at the restaurant, in the waiting room," says Remy Oudghiri, a director at French polling firm Ipsos and author of a book on the subject.

More and more people own devices that allow this.

"This sudden surge in connection possibilities, after the initial period of enthusiasm, prompts every user to reflect on how to continue to enjoy life while taking advantage of their connection. How to avoid becoming dependent," Oudghiri said.

French researchers have come up with one solution, creating a special type of wallpaper that blocks wifi, which materials company Ahlstrom is busy developing further with the aim of putting it on the market next year.

Spokesman Robin Guillaud says there has already been significant interest in the invention. Schools in particular have made enquiries, keen to prevent students from spending too much time hooked to their smartphones.

According to an Ipsos survey, nearly a third of French people now feel the need to disconnect, with similar trends recorded in other countries.



called "I unplugged", after suffering from a digital burn-out that saw him so craving technology that he would sometimes check his email, blogs and Twitter at night.

"I see a lot of blogger friends who are easing off. Nearly everyone gradually takes breaks. We're realising that at the end of the day, it (technology) doesn't nourish us," he said.

But Crouzet admits that as a blogger who was going to write a book about his experience, it was easier for him to disconnect than it is for thousands of people who rely on email for work.

As a result, some companies are implementing measures to try and relieve employees from being contactable 24/7.

German car maker Volkswagen, for instance, in 2011 decided to stop sending emails to thousands of employees' Blackberrys between 6.15 pm and 7:00 am.

And for those who just cannot resist Facebook, Twitter or Google+, the website anti-social.cc offers software that disables a list of distracting sites provided by the customer for a specified time period.

When all else fails, Internet rehabs are starting to spring up, such as reSTART, which bills itself as the first retreat centre programme in the United States.

According to its website, most of those they treat are between 18 and 28, and have checked in because they have had difficulty finishing college due to their Internet use, or establishing and maintaining offline relationships.

The programme aims to teach participants about healthy eating, getting good sleep and how to address difficult emotions head-on rather than escape online.

REX

Aruba

...connecting with you

www.rexaruba.com

COMICS



PICKLES



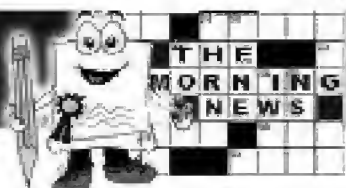
MOMMA



CALVIN and HOBBS



CROSSWORD



CROSSWORD

ACROSS

1. Conspire
5. Roker and Capone
8. Run-down area
12. Subtle emanation
13. "___ It Be" (Beatles song)
14. Posy holder
15. Clumps
16. What palm-readers tell
18. Pieces of luggage
20. Letters after a dentist's name
21. Actress Patricia
22. Cage
24. Schedule abbr.
26. League for the Giants (abbr.)
28. Chooses
32. Trumpeter Al
34. Out of school (abbr.)
36. Slipper
37. Duncan product (hyph.)
38. Addition total
40. Evergreen
41. Mothers, informally
44. Skip one's turn
46. Hero sandwich
49. British

statesman

- Winston ___
53. High standing
55. Greenish blue
56. Waffle brand
57. Stately tree
58. Ladder step
59. Sunset direction
60. Seeded bread
61. Beer casks

DOWN

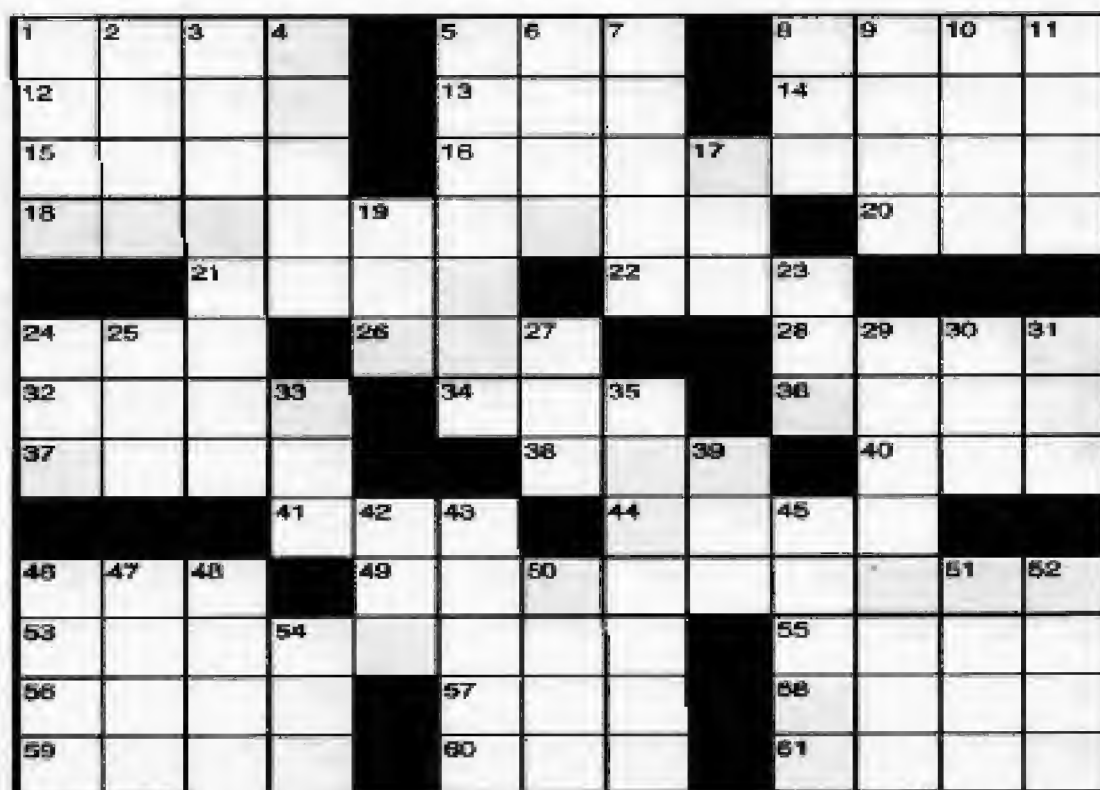
1. Fido's feet
2. Hawaiian cookout
3. Commonplace
4. ___ buds
5. Plant grown for cattle feed
6. Some August babies

7. Throat infection
8. "Law & Order: ___"
9. Earth
10. Preowned
11. Ensign's meal
17. Half a fly
19. Sardine site
23. Digits (abbr.)
24. "Love ___ neighbor"
25. Story of a life, for short
27. Pounds (abbr.)
29. One's body build
30. Stuffed digit
31. Use a thimble
33. Huck Finn's friend
35. Ultimate

FREE Coverage on our web-

site:

www.themorningnewsaruba.com



BOTICA

DRUG STORES OPEN AFTER HOURS

June 29- July 06

O'stad : ' Botica Oduber ' - S.N. ' Serv. S. Pretoe N.V'

Center for Hemodialysis

Posada Clinic Aruba

Tel.580-2840/Pager 127-2446

INFORMATION

Telephone 118

Twelve Step Meetings

24 hours helpline 583-8989

Fellowship Clinic S.N.

Free treatment of

Alcoholism

and Drug Addiction

Anonymity guaranteed

Tel. 584-5440

SOS TELEAYUDO SOS

Telephone Helpline

583-1190

Mon.-Thu. 9 p.m.-12 midn.

Fri.-Sun. 9 p.m.-2 a.m.

CAS MARIE

Alzheimer's Day

Care Center

Tel: 5696910

Important
Telephone
Numbers

HOSPITAL

Horacio Oduber Hospital

Tel.587-4300

EMERGENCY

Telephone 911

POLICE HDQS

Telephone 100

TAXI

C.V. TAS

587-1998, 587-5900

In Oranjestad:

Tel. 582-2116, 582-1804

582-5447

In San Nicolas

Tel. 584-5160, 584-6602

professional taxi services

Tel. 588-0035

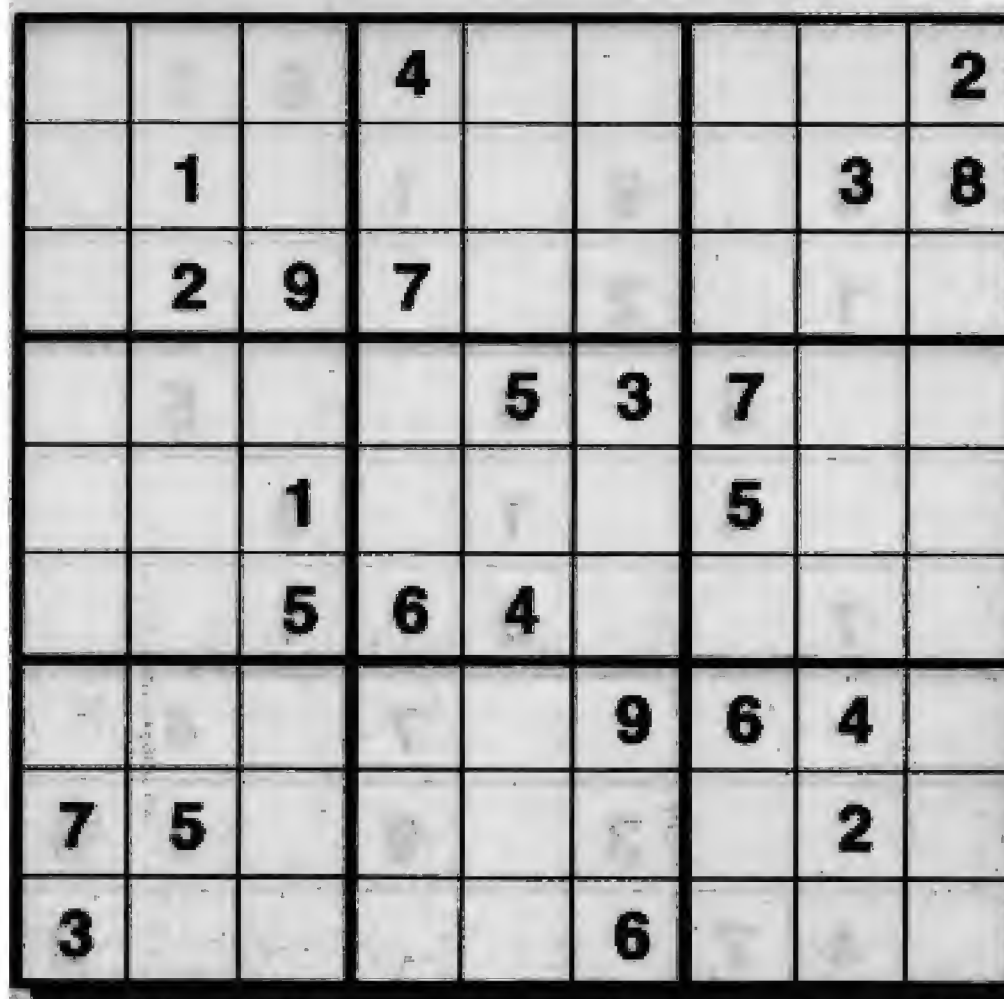
Al Anon Meetings

Mondays 6-7pm

Sabana Liber 8 in Noord

Tel: 5673356 / 5838989

Sudoku



SOLUTION

4	1	8	9	3	5	7	6	2
6	2	8	7	9	1	5	3	4
9	7	9	6	4	2	8	1	5
5	8	2	1	7	9	3	4	6
7	9	3	2	8	6	1	5	4
1	9	4	6	5	2	8	7	3
8	5	1	8	8	4	8	2	7
8	8	7	2	8	8	4	1	5
2	4	8	5	1	7	8	9	3

Complete the grid so that every row and every column contains the numbers 1 through 9

A number is Never repeated in a row or column.

In addition every rectangle must contain the numbers 1 through 9



BARNEY'S

FOOD & FUN FOR EVERYONE!



TUESDAY
SCHNITZEL
NIGHT
\$17.50

WEDNESDAY
GROUPE
NIGHT
\$19.50

THURSDAY
ALL YOU CAN
EAT BBQ RIBS
\$19.50

SATURDAY
ALL YOU CAN
EAT STEAK
\$19.50

www.barneysaruba.com Palm beach 21 A Tel :+297- 586 5420 Closed on Monday's, FOR PRIVATE PARTY'S CALL!

FINANCE

Oil rises on Egypt concerns

NEW YORK CITY (AFP) - Oil prices Tuesday climbed higher on continued concerns that the political crisis in Egypt could disrupt the flow of petroleum from the Middle East.

US benchmark West Texas Intermediate for August delivery hit its highest level since May 2012, jumping \$1.61 to \$99.60 a barrel on the New York Mercantile Exchange.

Brent oil futures rose \$1 to \$104.00 a barrel for August delivery.

Markets are cautiously watching Egypt amid the popular mobilization against President Mohammed Morsi after he snubbed an ultimatum from the army to agree to the "people's demands" or face an imposed solution.

The crisis has revived concerns about key oil choke-points that could be disrupted, said Andy Lebow, senior vice president of energy derivatives at Jefferies Bache. These include the Suez Canal and the Sumed Pipeline, which runs through Egypt and has the capacity to ship some 2.5 million barrels of oil a day, or about 2.7 percent of daily global consumption.

Upbeat US economic data has meanwhile boosted hopes for stronger energy demand in the world's top crude consumer, analysts said.

The Institute for Supply Management on Monday said its purchasing managers index

of US manufacturing activity rose to 50.9 in June, up from May's 49. Of the 18 manufacturing industries surveyed, 12 reported growth.

Meanwhile, new orders for manufactured goods rose 2.1 percent in May, the Commerce Department said Tuesday. That was above expectations for a

rise of 2.0 percent.

US stocks ended lower, the Dow Jones Industrial Average dropped 42.47 (0.28 percent) to 14,932.49.

The broad-based S&P 500 slipped 0.89 (0.06 percent) to 1,614.07, while the tech-rich Nasdaq Composite Index dipped 1.09 (0.03 percent) to 3,433.40.

Former Tiffany exec charged in jewelry theft

NEW YORK CITY (AFP) - US prosecutors on Tuesday charged a former Tiffany executive with stealing more than a million dollars worth of hoop earrings, platinum pendants and other items.

Ingrid Lederhaas-Okun, who worked as a vice president of the high-end jeweler through February 2013, allegedly stole more than 165 pieces of jewelry.

She later sold items to another leading international jeweler for \$1.3 million, according to a complaint filed by the US Attorney's Office for the Southern District of New York and the FBI.

The complaint does not identify Lederhaas-Okun's former employer, but refers to her role as vice president of product development at "a high-end jew-

elry company."

Lederhaas-Okun's Linked In profile lists her as a Tiffany vice president through March 2013.

According to the charges, she removed the items and then, working with her husband and an acquaintance, allegedly sold many or all of them to the other jeweler.

Among the items were diamond bracelets, platinum or gold diamond drop and hoop earrings and diamond bracelets.

Lederhaas-Okun was let go by Tiffany in February 2013 as part of a company downsizing.

After her termination, she told Tiffany that the missing jewelry could be found in a white envelope in her office. But a subsequent search of the office did not yield any white envelope, according to prosecutors.



Current as of:
07/02/2013

	Currency Code	Buying rate banknotes	Buying Cheques	Selling Rate
U.S.A.	USD	1.77	1.78	1.80
Dutch Antilles	ANG	98.00	100.00	100.20
Canada	CAD	1.77	1.79	1.70
Britain	GBP	2.80	2.85	2.75
Switzerland	CHF	191.71	192.43	189.01
Netherlands	EUR	230.59	232.69	234.71
Sweden	SEK	25.91	26.63	27.18
Denmark	DKK	30.23	30.95	31.63
Norway	NOK	30.67	31.39	29.82
Japan	JPY	214.88	216.84	180.02

(per 10,000)

All rates for amounts up to AWG 100,00 per item.

Spy row unlikely to delay EU-US trade talks: Commission

STRASBOURG (AFP) - The European Commission said on Tuesday that allegations the US spied on its allies were unlikely to delay next week's scheduled start of negotiations on a mega transatlantic trade deal.

Speaking after closed-door talks, commission spokeswoman Pia Ahrenkilde Hansen said the European Union executive "considered ... the beginning of EU/US trade negotiations should not be affected."

Nevertheless, the EU side "will make it clear that for such a comprehensive and ambitious negotiation to succeed, there needs to be confidence,

transparency and clarity among the negotiating partners," the Commission added.

Trade Commissioner Karel De Gucht will head the EU delegation in talks next week in Washington over what would be the biggest ever free trade deal.

But Europe-wide anger over the alleged US bugging of EU offices is threatening talks on the trade pact despite US efforts to talk down the row.

In France, President Francois Hollande said on Monday that "there can be no negotiations or transactions in all areas until we have obtained these guarantees, for France but also for all of the European Union."

Saudi extends grace period for illegal workers

RIYADH (AFP) - Saudi Arabia on Tuesday extended by four more months an amnesty enabling illegal foreign workers to regularise their status or return home without prosecution.

King Abdullah has ordered "extending the time limit" of the amnesty due to expire on Wednesday until November, the interior ministry said in a statement carried by the official SPA news agency.

The ruler of the oil powerhouse had announced the amnesty on April 3, granting foreign workers a three-month grace period to regularise their residency or leave Saudi Arabia to avoid being jailed, fined or placed on a blacklist.

Security forces will launch a wide-reaching campaign across the kingdom to crack down on

illegal foreign workers once the amnesty has expired, the interior ministry warned.

The embassies of Asian countries from which most of the workers hail welcomed the extension.

India's embassy in Riyadh described the extension as a "humanitarian" gesture, urging its citizens in the kingdom "to fully utilise the grace period effectively".

According to the labour ministry more than 1.5 million illegal foreign workers have come forward so far. Of these, some 180,000 have left the kingdom in addition to more than 200,000 unregistered workers expelled at the start of the year under new regulations to stamp out illegal immigration.

YESTERDAY'S Crossword Answer



Do You own a home in Aruba?

Do you need a responsible person

to look after your property?

Starting at \$150.00 per month

I will look after your home

like it's my own.

Maintenance and gardening also possible.



For more information send me an e-mail at: intropisle@gmail.com or call (297)592-6110

Three schools are proud winners of "Green 'S Cool" competition



-- The culmination of months of preparation and presentation of Wubbo Ockels at our secondary schools for the "Green 'S Cool" program was presented last Friday at the Cinemas at Paseo Herencia.

It was a fantastic morning for the children of the three schools who won the prizes in the competition.

Children of the six schools who participated made their presentations in the presence of a very innovative audience and a team of judges consisting of: Donny Rasmijn, Raffy Vargas, Luis Oduber, Maurice Kelly, Danilo Croes, Wanda Broeksema and Dagmara Avanindra.

The finalists were Colegio Aruba San Nicolaas, Ibero American High School, Abraham de Veer School, Colegio Arubano Oranjestad, Juliana Dependence Hato and EPI Science and Technology.

"Green 'S Cool" is an initiative of the government that was launched with the intention of promoting a greener future, more sustainable

tention from the children. In the video WEB showed how advanced they are in producing primary material using modern technology, such as wind mills, sea water and in the near future they will add solar panels. Oslin Boekhoudt, WEB director said, "...you are our future."

The Prime Minister was also present to present the three prizes to the winners. The winners were: 1. Best Presentation: Colegio



among young people as the future leaders of Aruba. The concept took on more meaning after the visit by former Astronaut Wubbo Ockels from Holland.

The morning began with the viewing of a 7 minute video prepared by WEB which got a great deal of at-

Arubano San Nicolaas, 2. Best Motivated Idea: EPI Science and Technology, 3. Most Practical Idea: Abraham de Veer School.

At the end of the morning the children saw an inspirational movie produced by Discovery Channel entitled, "Addicted to Plastic."



Lunch Buffet

Saturday - Sunday
12:00 - 3 p.m.

Dinner

Monday - Sunday
6:00 - 11:00 p.m.

Palm Beach Center - Palm Beach Aruba - Tel: 5860944

Amy Winehouse exhibition shows girl behind the star



LONDON (AFP) - It is Amy Winehouse, but not as we know her. The mass of dark hair, steady gaze and full lips are instantly recognisable, but there is no hint of the scrawny, tattooed addict she would later become.

Intimate family photographs, displayed for the first time in a new exhibition opening in London on Wednesday, offer a heartbreaking glimpse of the fresh-faced Jewish girl who grew up to become one of Britain most famous soul singers.

Two years after she died aged just 27, Winehouse's older brother Alex has put together a collection of pictures, clothes and memorabilia to remember his sister as she was before drink and drugs brought her low.

He has written a heartfelt caption alongside each item, remembering the Snoopy books they loved as children, the first guitar that he and Winehouse shared -- "possibly the worst musical instrument ever made" -- and the jazz albums she borrowed from him.

The result is a painfully touching portrait of a woman who won six Grammys -- five for the 2006 album "Back to Black" and one awarded posthumously for a duet with Tony Bennett -- but could not defeat her inner demons.

After years of drug and alcohol addiction, Winehouse was found dead at her London flat on July 23, 2011 after suf-

fering accidental alcohol poisoning.

There is no mention of this in the exhibition, which deliberately focuses on the good times.

The exhibition is being held at the Jewish Museum in Camden, a venue that reflects Winehouse's cultural identity and is also near to where she lived and died.

15 MINUTE ENGLISH LIFESTYLE & NEWS SHOW

ON 15 ATV A LOCAL NBC LICENSEE

WEEKNIGHTS 7:15 PM

Gold Coast Aruba: This is the time to invest

-- Management of Gold Coast Aruba, the island's newest and most innovative gated community, reports that sales have been very good and encouraging as the global economy recovers and people looking to purchase vacation homes have found that Gold Coast is an outstanding investment value. Director of Sales, Fito Croes has noticed a surprising percentage of owners in reality do not spend a great amount of time personally to use the villas or town homes they purchase, but are taking advantage of Gold Coast's rental services to turn their investment into ready income.

"The greater portion of home owners are using their 'home away from home' in Aruba to escape the winter months, or spend holidays with the family on the island," he remarked, "but I am gratified by how many are buying because they felt secure with real estate investment on Aruba. They really study the history and economy of the island and are impressed with the political stability and continually increasing value of prime locations. Gold Coast is in the heart of Malmok, considered Aruba's most exclusive community where the value of properties has only increased over time. It is only minutes to the best beaches and all the action, and yet offers a quiet and secluded get-



away, we are very pleased by the response to our concept."

Fito, with his sister Mayrin and brother Rudy operate Cas Bon, which has been constructing homes and building developments for all budgets for nearly twenty years. "Gold Coast Aruba is the jewel in our crown," observes Fito. "We were very excited about this project and the scope of actual and planned facilities and amenities. We have spoken to countless island visitors to find out what they would really want in a permanent residence on Aruba, and took from there."

Input from frequent vacationers who have dreamed of their own home in Aruba contributed to the realization of Gold Coast Aruba which when complete will be a community

of 260 town homes, villas and condominiums with a stunning clubhouse complemented by two additional community pool areas. The Clubhouse is about to start construction and will offer to the community homeowners and visitors 2 tennis courts, full service spa and fitness center as well as a stunning pool area and is expected to be complete by early 2013. It will also house a restaurant and mini-market.

Owners who purchased upon the groundbreaking only a few short years ago, are already enjoying a nearly 50% appreciation on their investment, particularly those taking advantage of the on site management's rental services program. There is always a great demand for Aruba and facilities such as those at Gold

Coast, make it easy for some owners to see a valuable return on their investment.

The design of the residences and public areas is open, airy and spacious, taking full advantage of the island environment, with quality construction and finishing available. Partnering with two of Aruba's top providers of kitchens and bathrooms enables developers to offer custom options allowing buyers to individualize their homes. An elegant and chic furniture package is available or island designers will assist owners in finishing the décor to their specific tastes.

There are many aspects to purchasing property; not the least is the future value of the investment. To further en-

hance this, Gold Coast management have inaugurated a number of in-house services and have recently become affiliated Interval International, the world's largest network of vacation ownership properties which provides an unlimited international pool of investors to tap for ownership and rental prospects. Property exchange for a vacation in another destination is also available through the Interval International affiliation. Gold Coast's own rental services have also proven highly successful in assisting owners in renting their villas; 24-hour security and maintenance services also tip the scales when it is time to make a decision. Aside from all this, housekeeping, child care, catering services, car rental through its partnership with AVIS car rental are also available as well as pre-shopping services so cupboards and refrigerators are stocked upon arrival, which can also be arranged through their property management department. Personnel are also available to assist in arranging restaurant reservations and island activities.

Visit their website: www.goldcoastaruba.com for more details and availability or call 586-2200 to arrange a personal tour.

Eat like a local at The Queen's restaurant at Palm Beach Plaza



Grandma's classic Stew beef with Rice and Potato salad

An elegant décor with a breezy terrace overlooking Palm Beach welcomes guests to Varella Innocencia's very popular restaurant showcasing authentic local cuisine:

The Queen's.

They may have moved from Oranjestad to hipper new digs in Palm Beach Plaza, but the food and prices are strictly native, which is what first won this charming eatery their loyal clientele. Varella's mom,

Luisa, is still in the kitchen, conjuring up the delicious dishes that have been in her family for generations, acknowledged on the menu with items such as "Carni Stoba di Mamachi" - "Grandma's Beef Stew," and their Arawak Steak, along with local delicacies like Keshi Yena - "Full Cheese." This is a tasty, filling stew of chicken, with other ingredients that are handy that day, all incased in a thick skin of melted

Gouda. It was very satisfying and particularly memorable paired with The Queen's garlic bread and very special Pica, a mix of chopped onions and the famous local hot pepper, Madame Janette. Not overly spicy, it lends that perfect bit of tang to this deliciously picturesque meal.

One of the distinctions of Aruban cuisine is incorporating unique indigenous ingredients such as in Wild Cucumber Stew and a particular light fish chowder accompanied by the local specialties pan bati (corn meal pancake) and funchi (the local version of polenta.)

Seafood main courses for Catch of the Day Aruban Style to shrimp and a mixed seafood platter with shrimp, fish, squid, scallops and mussels. Meat dishes such as BBQ Chicken and Ribs or Grilled Tenderloin, each including a choice of 2 side dishes; all quite yummy



Varella, Luisa and the next generation of chef

and bargain-priced to boot!

The Queen's is located on the second level of Palm Beach Plaza, tucked into a cozy corner at the front of the mall. If you have a mind to try the real deal in Aruban food, without a doubt, this is the way to truly eat like a local.

They are open daily, from 11:00 am to 11:00pm,

Tel: 5860606 and email: saus.arubancuisine@live.com, offering indoor and outdoor dining. Aside from an extensive menu they also have daily specials made from whatever is in season and Mama Luisa is in the mood to prepare, so don't forget to ask about what isn't on the menu!

www.themorningnewsaruba.com • themorningnewsaruba@gmail.com

THE MORNING NEWS

Your Source for local news in English

ADVERTISE
in THE MORNING NEWS!

Call office NOW @ **5889517** or

EMAIL: **themorningnewsaruba@gmail.com**

Pick up your printed copy from MON. -- SAT. at different locations all over the island or

visit us online: **www.themorningnewsaruba.com**

Caya G.F. Betico Croes 111

SPORTS

Cycling: Tour de France



A combination of pictures made on July 2, 2013 in Nice, shows, from top, LtoR, Australia's Simon Gerrans celebrating his overall leader's yellow jersey on the podium; riders of Orica Greenedge team competing; riders of the Sky team crossing the finish line; and Australia's Simon Gerrans (C) celebrating his overall leader's yellow jersey with his teammates after they won the 25 km team time-trial and fourth stage of the 100th edition of the Tour de France cycling race on Tuesday around Nice, southeastern France.

NICE (AFP) - When Simon Gerrans started cycling to help rehabilitate knee injuries suffered while racing motor bikes, he never imagined he would go on to emulate the feats of pioneering Australian compatriot Phil Anderson.

On Monday Gerrans, who won his maiden Tour de France stage in 2008, grabbed his second career win on the race to hand his Orica-GreenEdge team their maiden Tour win.

It got the proverbial monkey off his team's back a year after their race debut in 2012 ended with lots of encouragement but no stage wins.

But few expected Orica to make it two in a row.

On Tuesday the Aussies kept the momentum going with victory in the fourth stage team time trial over 25 km around Nice. To top it off, Gerrans took possession of the fabled yellow jersey.

While Gerrans had caused minor shock on Monday by

throwing his wheel over the line ahead of Slovakian sprint specialist Peter Sagan, team sporting director Matt White was even more surprised by Tuesday's winning performance.

"We've won more than 50 races since our inception ... but yesterday (Monday) was obviously the biggest win for the team. To win today, to put Simon (Gerrans) into the yellow jersey, we didn't really expect it."

On a mainly flat course suited to teams with powerful riders Orica pushed Omega-Pharma into second place by just one second with Sky and Team Saxo in third and fourth at three and nine seconds adrift respectively.

Of the big hitters, Cadel Evans was one of the principal casualties.

His BMC team finished ninth at 26sec behind Orica to leave him with a 23sec deficit to race favourite Chris Froome

and a 17sec deficit to former two-time winner Alberto Contador.

Evans, who usually speaks out in defence of his teammates, was less charitable this time.

"You look to gain every second you can at this stage in the Tour and losing a lot of seconds certainly isn't what I hoped for today and isn't what I expected," said the 36 year old.

"But we'll have to go back and have an analysis and look at why and go on from here. The simple analysis is that we weren't fast enough."

Although Evans remains a threat to Froome and Contador, for the moment the race's fabled prize is on the shoulders of Gerrans, who along with

Evans is one of Australia's leading cyclists of their generation.

The 33-year-old is the only Australian to win stages in all three Grand Tours, has two victories from the Tour Down Under, won the 2012 Milan-San Remo as well as the 2009 GP Ouest-France Plouay and 2012 Grand Prix Quebec.

He has also achieved podium finishes in prestigious one-day classics like the Clásica San Sebastian and Amstel Gold Race.

Gerrans says part of the credit should go to Anderson.

"Phil Anderson introduced me to cycling, he was my first coach and lent me a bike to get started in competitive cycling," explained Gerrans.

"So it's pretty special now to follow in his footsteps. He was the first Australian to wear the yellow jersey and obviously to become the latest Australian is a pretty special feeling."

Taj Mahal

Taste of India

Authentic Indian Restaurant on the Island

Open Mon - Sat
Lunch : 12:00 - 3:00pm
Dinner : 6:00 - 10:00 pm

Havenstraat 36,
Behind Royal Plaza Mall,
Oranjestad, Tel : 5884494

Formula One: Pirelli 'to strengthen tyres' for Nurburgring

LONDON (AFP) - Pirelli is to strengthen its tyres for the German Grand Prix after a series of dangerous blow-outs at Silverstone led to calls for urgent action, the Italian manufacturer announced on Tuesday.

Safety concerns were expressed after Sunday's British Grand Prix when Lewis Hamilton of Mercedes, Jean-Eric Vergne of Toro Rosso and Sergio Perez of McLaren all suffered blow-outs.

In response, Pirelli said they would make the rear tyres' internal belt with the high-strength synthetic fibre Kevlar instead of the usual steel to reduce temperatures and the risk of punctures.

Formula One teams, Pirelli and motorsport's world gov-

erning body, the International Automobile Federation (FIA), will meet to discuss the matter at Nurburgring on Wednesday.

Only the rear tyres will be changed for Sunday's race, although a complete change will be introduced for the Hungarian Grand Prix on July 28 using the 2012 tyre design.

In a statement, Pirelli said that after "exhaustive analysis" they had concluded the blow-outs at Silverstone were caused by a number of factors.

Pirelli also insisted in their statement: "...the 2013 tyre range does not compromise driver safety in any way if used in the correct manner, and that it meets all the safety standards requested by the FIA."



ISTAMBUL (AFP) - Uruguay's under 20 national team players celebrates after winning against Nigeria at the FIFA Under 20 World Cup at TT Arena Stadium in Istanbul yesterday.

Come, stay with us!

A well situated, quiet apartment complex consisting of 12 luxury apartments.

Please check us out at www.delreyaruba.com

DEL REY

One-bedroom starting at **\$95 p/night**
Two-bedroom available.



**NEW
LOCATION**



BUSTER'S

SPORTS BAR & GRILLE

Serving breakfast
daily
7:30 a.m.

Late night menu available
until 2 a.m.
weekends

Eagle Beach
Tel: 6604251

If it is a sport we will show it!

Golf: USPGA adopts ban on anchored putting stroke

PONTE VEDRA BEACH, (AFP) - The US PGA Tour said Monday it would adopt a ban on the use of anchored putters, which players have controversially used to win four of the last seven major championships.

The Tour's policy board passed a resolution making anchored putters illegal beginning in 2016.

Explaining the decision to go ahead with the ban, PGA Tour commissioner Tim Finchem said: "In making its decision, the policy board recognized that there are still varying opinions among our membership, but ultimately concluded that while it is an

important issue, a ban on anchored strokes would not fundamentally affect a strong presentation of our competitions or the overall success of the PGA Tour.

The PGA Tour initially opposed the ban, raising the specter of a damaging division in golf with different rules being applied on different continents.

The putters have been in the spotlight since being used by a clutch of players to win major championships, including Adam Scott, who used a broom-handle putter to win the Masters in April.

The putting stroke involves

fixing the handle of the putter to a point on the body -- usually the stomach or chest.

Anchored putting at top tournaments dates back to the 1980s when Bernhard Langer adopted it to combat his problems on the greens, but it has become more prevalent in recent years.

Keegan Bradley became the first player to win a major with a long putter at the 2011 PGA Championship, and he was followed by Webb Simpson at the US Open and Ernie Els at the British Open last year.

Scott then completed the set of major wins for long putters by winning at Augusta National.

Baseball: Pettitte becomes Yankees' strikeout king

MINNEAPOLIS (AFP) - Pitcher Andy Pettitte, who admitted to using performance-enhancing drugs earlier in his career, passed Whitey Ford Monday to become the New York Yankees all-time strikeouts leader.

The 41-year-old left handed American recorded his 1,958th strikeout by fanning Justin Morneau for the second out in the fifth inning of New York's 10-4 win over the Minnesota Twins.

It was the second strikeout of the night for Pettitte, who also fanned Clete Thomas earlier in the Major League Baseball contest. Ford's record had stood since 1967.

The milestone strikeout was about the only thing that went

right Monday night for Pettitte as he gave up a leadoff home run to Chris Parmelee in the sixth to give the Twins a 4-3 lead.

Pettitte was then bailed out by relief pitcher Joba Chamberlain, who got the win, and the Yankee batters who scored three runs in the eighth.

Hall of Famer Ford spent his entire 16-year career with New York, winning six World Series championships and playing in the period of great Yankee teams in the 1950s and 1960s.

Pettitte has five World Series rings but thrived mainly in baseball's so called "steroid era".

Pettitte was one of several Yankees named in the Mitchell Report, a 21-month long probe into the use of anabolic steroids, human growth hormone in American baseball.

Pettitte admitted using HGH in 2002 and again in 2004 in an affidavit made public as part of a hearing before the US House of Representatives' Committee on Oversight and Government Reform.

THE MORNING NEWS

Your source for local news in English

Ingrid Does
Manager

Rosalinda Maduro
Chandette Richardson
Editors

Marline v.d. Linden
Asst. to the editors

Rosalie Klein
Reporter/Photographer

Yanis Garcia
Elly Erasmus

Sales Representatives

Local news provider for
visitaruba.com
aruba.com
caribseek.com

Int'l News provider:
Agence France
Presse (AFP)

Printed by
Diario N.V.

Tel: 588-9517 / Fax: 588-9518

E-mail:

themorningnewsaruba@gmail.com

Website:

www.themorningnewsaruba.com

SAN FRANCISCO (AFP) - Emirates Team New Zealand sails in the San Francisco Bay during a training session on July 2, 2013 in San Francisco, California. Opening ceremony for the America's Cup is July 4, 2013. The finals begin on September 7, 2013 in San Francisco.



**IT CAN HAPPEN
IN A SECOND
DON'T
TEXT AND
DRIVE**



Drive for life...



TIME FOR A REWARD

EARN & REDEEM • VECCELI ITALY WATCH

**WEDNESDAYS IN JULY • 7PM - 11PM
ONLY 500 POINTS!**

Time is on your side when you receive a stunning Vecceli Italy Watch. Simply play games with your Trop Advantage™ Card from Noon to earn points. Then join us Wednesdays at the Trop Advantage booth to pick up your watch, and treat yourself or a loved one to this fantastic gift.

While supplies last.

Management reserves the right to change or cancel promotions at their discretion. Must be 18 years of age or older. Must be a member of the Trop Advantage Club to participate. Play responsibly www.gamblersanonymous.org.



J.E. IRASQUIN BLVD. 248
Aruba, Dutch Caribbean
troparuba.com

Wimbledon results

LONDON (AFP) - Kirsten Flipkens and Sabine Lisicki, whose careers were almost wrecked by illness and injury, booked emotional places in the Wimbledon semi-finals Tuesday.

Flipkens will be playing in her first Grand Slam semi-final at the age of 27 after knocking out 2011 champion Petra Kvitová, 4-6, 6-3, 6-4.

The Belgian 20th seed goes on to face 2007 runner-up Marion Bartoli, the 15th seed, who defied a chorus of boos before seeing off American 17th seed Sloane Stephens, 6-4, 7-5.

Lisicki made her second Wimbledon semi-final by cruising past Kaia Kanepi of Estonia, 6-3, 6-3.

The German 23rd seed now tackles Polish fourth seed Agnieszka Radwanska who battled past Chinese sixth seed Li Na, 7-6 (7/5), 4-6, 6-2.

This time last year, Flipkens, the 2003 junior champion, was ranked a lowly 262 in the world after blood clots in her left ankle forced her to take several months off.

Lisicki followed-up her shock defeat of five-time champion Serena Williams to book her place in her second Wimbledon semi-final.

The German also made the last-four as a wildcard in 2011, three months after her world ranking had slumped to 218 as she fought her way back from a serious ankle injury which left her "needing to learn to walk again".

Lisicki, who was defeated by Maria Sharapova in the semi-finals two years ago, insisted that she felt no pressure coming into Tuesday's match having downed Williams in the fourth round.

It's also a surface she loves - the German's record at Wimbledon stands at 18 wins and just four losses while she is



Belgium's Kirsten Flipkens celebrates defeating Czech Republic's Petra Kvitová.

only 16-15 at the three other Slams.

Kanepi has now played and lost six quarter-finals at the majors.

Radwanska, the highest seed left following the exit of defending champion Williams, Victoria Azarenka and Shara-

the start of the deciding set.

Li fired 58 winners in Tuesday's quarter-final but was undone by 40 unforced errors.

Bartoli, the 2007 runner-up to Venus Williams, fell foul of the fans on Court One when she demanded that play be stopped when she was leading



Germany's Sabine Lisicki celebrates beating Estonia's Kaia Kanepi.

pova, beat Li in a gripping two-hour, 43 minute contest which was completed under the Centre Court roof.

Radwanska, the runner-up in 2012, took victory on an eighth match point.

The 24-year-old Pole, who had gone into the quarter-final with a 4-6 losing record against Li, also overcame an injury scare when she needed her right thigh tightly-strapped at

5-4, 40-40 with Stephens serving as light rain began to fall.

When they resumed after two and a half hours, Stephens quickly dropped the first set and slipped 2-0 down in the second, losing the first nine points as the crowd, convinced that the Frenchwoman's complaints over the state of the court had been unjustified, jeered following their lengthy wait.

Cycling: Tour ends in untimely fashion

NICE (AFP) - Ted King's Tour de France debut ended in controversial fashion Tuesday after he missed the time cut-off for the stage four team time trial by seven seconds.

King, an American who rides for Cannondale, dislocated his shoulder when he was one of several riders caught up in the crash which marred the opening stage of the race on Saturday.

After battling through two further stages on the French island of Corsica, King saddled

up for stage four, fearful of having to adapt his body to the unforgiving position required by his aerodynamic time trial bike.

The pain was so excruciating he decided to race with a normal road bike, but he began trailing his teammates early in the 25km race against the clock.

King eventually trailed over the finish line in a time of 32min 32sec, just over six minutes behind his team's effort of 26:30.

Early Bird Menu

5:30 pm - 7:00 pm



Appetizers: Stuffed Avocado, Escargots Bourguignon, (choose one) Fruits of the Seven Seas, Choices of Soups

Entrees: Breaded Grouper topped with coconut shrimps served with rice and vegetables

Land & Sea Chicken Breast, Steak & Shrimps with rice and vegetables

Breaded Chicken Breast served with mushroom sauce, topped with cheese served with vegetables and stuffed potato

Twin Tenderloin or Chicken Parmesan served on a bed of linguini pasta

Dessert, Coffee or Tea

US\$27

(tax & 15% service charge)

Includes one FREE Presidente Beer per person



Buccaneer Restaurant - Gasparito II, Noord
phone: (+297) 586 6172 • www.buccaneeraruba.com